

Palmer Ridge High School

August 3, 2022

INCOMEING PR FRESHMEN AND PARENTS: STUDENT MENTOR OPPORTUNITY

Want some help to get off to a great start this year? The transition to high school can be challenging. Getting off to a good start is critical to student happiness and success...big school to fit into, new expectations/pressures, many new people, more challenging situations academically and socially. To help that transition, PRHS offers the **Palmer Ridge Student Mentor Program (PRSM)**. PRSM is for incoming freshmen. PRSM is different from traditional new student orientation or group sponsorship programs. It is designed to pair a PR freshman with a successful PR upperclassman-guide in a dedicated, 1-1 relationship for the school year.

Our student mentors are hand-picked by staff, have received mentorship training, and can provide a range of 1-1 peer support tailored to your student: academic tutoring, school/study advice, getting organized/focused, goal setting, helping to fit it/develop confidence, being a positive role model, or just being there after a tough day. Great peer mentors are one of the most effective - but least employed - resources in schools, and research has identified many positive outcomes to peer mentoring (see insert).

If you and your student wish to take advantage of the peer support network offered by the PRSM program, please contact Bill Brady at wbrady@lewispalmer.org for more information.