



**Palmer Ridge High School**  
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Dr. Adam Frank, Principal • Eric Purdy, Assistant Principal • Kendra Schleiker, Assistant Principal  
Amie Renegar Dean of Students • Lance McCorkle, Assistant Principal/Athletic Director

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Dear PRHS Parents,

This letter contains important information about Individual Career and Academic Plans (ICAPs). As an integral piece to success in high school, students at PRHS will create and maintain an ICAP to facilitate their post-secondary workforce readiness. Development of an ICAP is a multi-year process that intentionally guides students and families in the exploration of career, academic and postsecondary opportunities. With the support of adults, students develop the awareness, knowledge, attitude, and skills to create their own meaningful and powerful pathways to be career and college ready.

During the school year we will meet with students to begin or continue developing their ICAPs through the use of the college and career readiness tool, Naviance. Naviance has been the district's comprehensive technological platform of choice in implementing its students' ICAPs for the last ten years.

Parents can or already have an account with Naviance as well so you can view the college and career readiness tool and see what your son/daughter has completed during their ICAP lessons with the school counselors. Freshman parents will be emailed with their log in information soon. If you cannot get into Naviance please feel free to reach out to your son/daughter's counselor and they can get you set up with an account.

If you are a 9<sup>th</sup>/10<sup>th</sup> grader and you do not have a study hall in your schedule due to being an online student, please note that you will need to complete your ICAP tasks from home. Please contact your counselor if you have any questions.

We have included our ICAP calendar so you can view the schedule for the 22-23 school year and see when your son/daughter will be completing their ICAP lessons with the school counselors. Please do not hesitate to reach out to the counselors if you have any questions.



Your PRHS Counselors,

Angie Dawson 9<sup>th</sup> grade Counselor  
Tia Fisco 10<sup>th</sup> grade Counselor  
Tayler Kinney 11<sup>th</sup> grade Counselor  
Tiffanie Stanford 12<sup>th</sup> grade Counselor

## ICAP Calendar 22-23 Fall

Grade	Date	Class	Activity	Teacher
Freshman	Sept 15-16 <sup>th</sup>	Prep/Free Range Bears	Intro to Naviance Achieve Works Personality Inventory Journal Careers	Mrs. Dawson
Sophomores	Sept. 15-16 <sup>th</sup>	Study Hall/Free Range Bears	Career Interest Inventory Goals	Mrs. Fisco
Juniors	Oct. 19-20 <sup>th</sup>	ICAP/Off period	Junior Seminar: -Financial Aid, -post- secondary prep	Mrs. Kinney
Seniors	Sept-Nov.	Individual meetings	Post-secondary Prep -Applications -Letters of Rec. -Graduation status	Mrs. Stanford

## ICAP Calendar 22-23 Spring

Grade	Date	Class	Activity	Teacher
Freshman	Jan. 10-11 <sup>th</sup>	Study Hall/Free Range Bears	4-year planning Transcripts HS vs. HEAR Req. Goals	Mrs. Dawson
Sophomores	Jan 10 <sup>th</sup> -11 <sup>th</sup>	Study Hall/Free Range Bears	4-year planning Transcripts HS vs. HEAR Req. Special Programs	Mrs. Fisco
Juniors	Jan-May	Individual Meetings	Junior Interviews Scholarships	Mrs. Kinney
Seniors	Jan-May	Individual Meetings	Final prep for Graduation & post-secondary plans	Mrs. Stanford