

Monday

Tuesday

Wednesday

Thursday

Friday

USDA is an equal opportunity provider and employer



- 5**
1. Bosco Cheese Sticks
Steamed Green Beans
Chilled Fruit
 2. Fruit & Yogurt Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

- 6**
1. Domino's Pepperoni
Pizza
Steamed Corn
 2. Sunbutter Sandwich Meal
 3. Chef Salad Meal
Fruit & Veggie Bar

- 7**
1. Mini Cinnis
Sausage, Hash Browns
Chilled Fruit
 2. Fruit & Yogurt Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

- 1**
1. Chili w/ Saltines
Cinnamon Roll
Chilled Fruit
 2. Sunbutter Cup Mea
 3. Chef Salad Meal
Fruit & Vegetable Bar

- 2**
1. Chicken Fried Steak
Mashed Potatoes with
Country Gravy, Chilled Fruit
 2. Fruit & Yogurt Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

- 8**
1. Chicken Nuggets
Mashed Potatoes & Gravy
Chex Mix, Chilled Fruit
 2. Sunbutter Cup Grab & Go
 3. Chef Salad Meal
Fruit & Vegetable Bar

- 9**
1. Cheeseburger on Bun
Potato Wedges
Sorbet Fruit Cup
 2. Fruit & Yogurt Meal
 3. Chicken Strip Salad Meal
Fruit & Veggie Bar

No School

- 12**
- Palmer Lake Holiday Meal
1. Mini Corn Dogs
Baked Sweet Potato Fries
Frozen Fruit Sorbet
 2. Sunbutter Sandwich Meal
 3. Chef Salad Meal
Fruit & Veggie Bar

- 13**
- Lewis-Palmer Holiday Meal
1. Dominos Cheese Pizza
Steamed Broccoli
Canned Fruit
 2. Yogurt Grab & Go Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

- 14**
- Prairie Winds Holiday Meal
1. Popcorn Chicken
Steamed Broccoli
Chilled Applesauce
 2. Sunbutter Cup Grab & Go
 3. Chef Salad Meal
Fruit & Vegetable Bar

- 15**
- Bear Creek Holiday Meal
1. Tomato Soup
Grilled Cheese Sandwich
Sorbet Cup
 2. Fruit & Yogurt Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

Holiday Break

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- 19**
- 26**
1. Domino's Pepperoni
Pizza,
Steamed Carrots
 2. Fruit & Yogurt Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

- 20**
- 27**
1. Teriyaki Chicken
Brown Rice
Steamed Broccoli, Fruit
Mini Chocolate Oatmeal Bar
 2. Sunbutter Sandwich Meal
 3. Chef Salad Meal
Fruit & Veggie Bar

- 21**
- 28**
1. Hot Dog on a Bun
Sweet Potato Fries
Chilled Fruit
 2. Fruit & Yogurt Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

- 22**
- 29**
1. Chicken Tenders
Mashed Potatoes & Gravy
Applesauce, Chex Mix
 2. Sunbutter Cup Grab & Go
 3. Chef Salad Meal
Fruit & Vegetable Bar

- 23**
- 30**
1. Macaroni & Cheese
Mixed Vegetables
Fruit Sorbet Cup
 2. Fruit & Yogurt Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

Include sweet potatoes for your holiday as they are:
one of the oldest vegetables known to man
high in vitamin A, good sources of vitamin C, copper, dietary fiber,
potassium, iron and vitamin B6, and they are very tasty

Meals Prices: K-6th grade: \$2.90
Milk: \$.60

MY SCHOOL BUCKS **PAY FOR MEALS ONLINE**
MySchoolBucks.com

Menu is subject to change if products aren't available or are recalled