

MAY 2019

PALMER RIDGE HIGH SCHOOL MENU

Lunch: \$3.00
 Reduced: \$.40
 Free: \$.00

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast is served at Bear Creek, Lewis-Palmer and Palmer Lake Elementary Schools and all secondary schools

1
 Bosco Sticks
 Seasoned Vegetables
 Cookie
 Fruit & Veggie Bar
 Assorted Milk

2
 Taquitos
 Spanish Rice
 Cinnamon Churro
 Fruit & Veggie Bar
 Assorted Milk

3
 Bacon Cheeseburger
 Baked Sweet Potato Fries
 Cinnamon Churro
 Fruit & Veggie Bar
 Assorted Milk

6
 Mandarin Orange Chicken
 Brown Rice
 Steamed Broccoli
 Fruit & Veggie Bar
 Assorted Milk

7
 Baked Popcorn Chickens
 Baked French Fries
 Chocolate Chip Cookie
 Fruit & Veggie Bar
 Assorted Milk

8
 PRHS Specialty Pizza
 Green Beans
 Fruit & Veggie Bar
 Assorted Milk

9
 Chicken & Rice Burrito
 Mashed Potatoes w/ Green Chili
 Cinnamon Churro
 Fruit & Veggie Bar
 Assorted Milk

10
 Chicken Fried Steak
 Mashed Potatoes & Gravy
 Fruit & Veggie Bar
 Assorted Milk

13
 Teriyaki Chicken
 Brown Rice
 Steamed Broccoli
 Fortune Cookie
 Fruit & Veggie Bar
 Assorted Milk

14
 Chicken Patty Sandwich
 Baked Potato Fries
 Cookie
 Fruit & Veggie Bar
 Assorted Milk

15
 Bratwurst on a Bun
 Baked Potato Fries
 Frosted Cake
 Fruit & Veggie Bar
 Assorted Milk

16
 Chicken Fajitas
 Spanish Rice
 Cinnamon Churro
 Fruit & Veggie Bar
 Assorted Milk

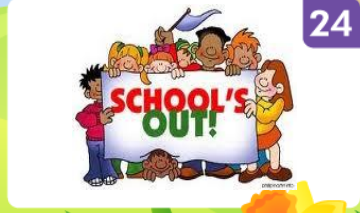
17
 Mini Corn Dogs
 Baked Potato Tots
 Chocolate Chip Cookie
 Fruit & Veggie Bar
 Assorted Milk

20
 Sweet & Sour Chicken
 Steamed Brown Rice
 Broccoli
 Fortune Cookie
 Veggie & Fruit Bar
 Assorted Milk

21
 Baked Chicken Nuggets
 Cheesy Mashed Potatoes
 Chocolate Chip Cookie
 Fruit & Veggie Bar
 Assorted Milk

22
 Penne Pasta with Alfredo Sauce
 Steamed Broccoli
 Homemade Roll
 Veggie & Fruit Bar
 Assorted Milk

23
 Chef's Choice



29
 Enjoy
 Summer
]

30
 Thank you for
 supporting
 Nutritional Services

31
 We will see
 you
 August 19

There is a choice of entrees served daily with unlimited fruit and vegetable bar
 A different entree is offered daily or a choice of the following entrees are also available:

- Specialty Pizza
- Chicken Patty Sandwich
- Hamburger on Bun
- Grab N' Go Salads

The menu is subject to change if products aren't available or are recalled