

JANUARY 2019

Palmer Ridge High School Menu

Breakfast is served at Bear Creek, Palmer Lake and Lewis Palmer Elementary Schools and all secondary schools

Monday

Tuesday

Wednesday

Thursday

Friday

USDA is an equal employer

**Winter Break
No School**



**Winter Break
No School**



**Winter Break
No School**



**Winter Break
No School**



**Winter Break
No School**



**Mandarin Orange Chicken
Steamed Brown Rice
Broccoli
Fortune Cookie
Veggie & Fruit Bar
Assorted Milk**

**Baked Chicken Nuggets
Baked French Fries
Chocolate Chip Cookie
Fruit & Veggie Bar
Assorted Milk**

**Spaghetti & Meat Sauce
Green Beans
Fresh Roll
Veggie & Fruit Bar
Assorted Milk**

**Taquitos
Spanish Rice
Cinnamon Churro
Fruit & Veggie Bar
Assorted Milk**

**Teriyaki Chicken
Brown Rice
Steamed Broccoli
Fruit & Veggie Bar
Assorted Milk**

**Baked Chicken Nuggets
Cheesy Mashed Potatoes
Chocolate Chip Cookie
Fruit & Veggie Bar
Assorted Milk**

**PRHS Specialty Pizza
Green Beans
Fruit & Veggie Bar
Assorted Milk**

**Chicken & Rice Burrito
Mashed Potatoes w/ Green Chili
Cinnamon Churro
Fruit & Veggie Bar
Assorted Milk**

**Bacon Cheeseburger
Baked Beans
Fruit & Veggie Bar
Assorted Milk**

**No School
District is Closed**

**Chicken Patty Sandwich
Baked Potato Fries
Cookie
Fruit & Veggie Bar
Assorted Milk**

**Bratwurst on a Bun
Coleslaw
Frosted Cake
Fruit & Veggie Bar
Assorted Milk**

**Chicken Fajitas
Roasted Corn & Black Beans
Brown Rice
Veggie & Fruit Bar
Assorted Milk**

**Breakfast for Lunch
Mini French Toast
Sausage
Hash Browns
Veggie & Fruit Bar
Assorted Milk**

**Sweet & Sour Chicken
Steamed Brown Rice
Broccoli
Fortune Cookie
Veggie & Fruit Bar
Assorted Milk**

**Meatball Sub Sandwich
Coleslaw
Carnival Cookie
Veggie & Fruit Bar
Assorted Milk**

**Beef & Cheese Calzone
Seasoned Vegetables
Veggie & Fruit Bar
Assorted Milk**

**Chicken & Cheese Quesadilla
Roasted Corn & Black Beans
Spanish Rice
Veggie & Fruit Bar
Assorted Milk**

There is a choice of entrees served daily with unlimited fruit and vegetable bar
A different entree is offered daily or a choice of the following entrees are also available

- Specialty Pizza
- Chicken Patty Sandwich
- Hamburger on Bun
- Grab N' Go Salads