

Monday
Tuesday
Wednesday
Thursday
Friday

Free and Reduce Applications at
www.MySchoolApps.com

Online payments can be made at:
www.myschoolbucks.com

*Breakfast is served at
 Bear Creek, Palmer Lake
 and Lewis Palmer
 Elementary Schools and
 all secondary schools*

1. Bosco Cheese Sticks **1**
- Steamed Green Beans
- Chilled Fruit
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal
- Fruit & Vegetable Bar

1. Teriyaki Chicken **4**
- Brown Rice
- Steamed Broccoli, Fruit
- Mini Chocolate Oatmeal Bar
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal
- Fruit & Vegetable Bar

1. Domino's Pepperoni **5**
- Pizza
- Steamed Carrots
- Berry Fruit Cup
2. Sunbutter Sandwich Meal
3. Chef Salad Meal
- Fruit & Veggie Bar

1. BBQ Pork Sandwich **6**
- Steamed Green Beans
- Chilled Fruit
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal
- Fruit & Vegetable Bar

1. Chicken Tenders **7**
- Mashed Potatoes & Gravy
- Applesauce, Chex Mix
2. Sunbutter Cup Grab & Go
3. Chef Salad Meal
- Fruit & Vegetable Bar

No School **8**

1. Dominos Cheese Pizza **11**
- Steamed Broccoli
- Canned Fruit
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal
- Fruit & Vegetable Bar

1. Bosco Cheese Sticks **12**
- Steamed Green Beans
- Chilled Fruit
2. Sunbutter Sandwich Meal
3. Chef Salad Meal
- Fruit & Veggie Bar

1. Chicken Nuggets **13**
- Mashed Potatoes & Gravy
- Chilled Fruit, Cookie
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal
- Fruit & Vegetable Bar

1. Hamburger on Bun **14**
- Steamed Carrots
- Chilled Fruit
2. Sunbutter Cup Grab & Go
3. Chef Salad Meal
- Fruit & Vegetable Bar

1. Mini Corn Dogs **15**
- Baked Beans
- Chilled Fruit
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal
- Fruit & Vegetable Bar

1. Bean & Cheese Burrito **18**
- Green Chili
- Chilled Fruit, Churro
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal
- Fruit & Vegetable Bar

1. Domino's Pepperoni **19**
- Pizza
- Steamed Corn
2. Sunbutter Sandwich Meal
3. Chef Salad Meal
- Fruit & Veggie Bar

1. Mini Cinnis **20**
- Sausage, Hash Browns
- Chilled Fruit
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal
- Fruit & Vegetable Bar

1. Chicken Tenders **21**
- Mashed Potatoes & Gravy
- Applesauce, Chex Mix
2. Sunbutter Cup Grab & Go
3. Chef Salad Meal
- Fruit & Vegetable Bar

No School **22**

Spring Break **25**
No School

Spring Break **26**
No School

Spring Break **27**
No School

Spring Break **28**
No School

Spring Break **29**
No School

Do you know that fruit juices are healthier than soda as they provide some antioxidants but they contain just as much sugar as soft drinks? Juice contains negligible amounts of fiber and this can cause you to drink a lot of juice. It is better to eat fresh fruits as the fiber in the fruit makes you feel fuller and it also helps slow the absorption of the sugar.

The menu is subject to change if products aren't available or are recalled

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