

### Monday

**Remember to Exercise**

Active students have: stronger muscles and bone, leaner bodies which reduce the risk of type 2 diabetes, have lower blood pressure and a better outlook on life

### Tuesday

### Wednesday

### Thursday

### Friday

**Winter Break  
No School**



**Winter Break  
No School**



**Winter Break  
No School**



**Winter Break  
No School**



**Winter Break  
No School**



1. Domino's Pepperoni Pizza  
Steamed Corn
2. Sunbutter Sandwich Meal
3. Chef Salad Meal  
Fruit & Veggie Bar

1. Mini Cinnis Sausage, Hash Browns  
Chilled Fruit
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal  
Fruit & Vegetable Bar

1. Chicken Nuggets  
Mashed Potatoes & Gravy  
Chex Mix, Chilled Fruit
2. Sunbutter Cup Grab & Go
3. Chef Salad Meal  
Fruit & Vegetable Bar

1. Cheeseburger on Bun  
Potato Wedges  
Frozen Fruit Cup
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal  
Fruit & Vegetable Bar

1. Dominos Cheese Pizza  
Steamed Broccoli  
Canned Fruit
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal  
Fruit & Vegetable Bar

1. Chicken Fried Steak  
Mashed Potato & Gravy  
Roll, Chilled Fruit
2. Sunbutter Sandwich Meal
3. Chef Salad Meal  
Fruit & Veggie Bar  
Milk

1. Mini Corn Dogs  
Baked Sweet Potato Fries  
Frozen Fruit Cup  
Chocolate Chex Mix
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal  
Fruit & Vegetable Bar

1. Popcorn Chicken  
Steamed Broccoli  
Applesauce, Mini Bar
2. Sunbutter Cup Grab & Go
3. Chef Salad Meal  
Fruit & Vegetable Bar

1. Tomato Soup  
Grilled Cheese Sandwich  
Sorbet Cup
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal  
Fruit & Vegetable Bar

**No School  
District is Closed**

1. Teriyaki Chicken  
Brown Rice  
Steamed Broccoli, Fruit  
Mini Chocolate Oatmeal Bar
2. Sunbutter Sandwich Meal
3. Chef Salad Meal  
Fruit & Veggie Bar

1. Chicken Tenders  
Mashed Potatoes & Gravy  
Applesauce, Chex Mix
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal  
Fruit & Vegetable Bar

1. Domino's Pepperoni  
Pizza, Steamed Carrot  
Fruit Sorbet
2. Sunbutter Cup Grab & Go
3. Chef Salad Meal  
Fruit & Vegetable Bar

1. Hot Dog on a Bun  
Sweet Potato Fries  
Chilled Fruit
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal  
Fruit & Vegetable Bar

1. Bosco Cheese Sticks  
Steamed Green Beans  
Chilled Fruit
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal  
Fruit & Vegetable Bar

1. Chicken Nuggets  
Mashed Potatoes & Gravy  
Chilled Fruit, Cookie
2. Sunbutter Sandwich Meal
3. Chef Salad Meal  
Fruit & Veggie Bar

1. Dominos Cheese Pizza  
Steamed Broccoli  
Canned Fruit
2. Yogurt Grab & Go Meal
3. Chicken Strip Salad Meal  
Fruit & Vegetable Bar

1. Hamburger on Bun  
Steamed Carrots  
Chilled Fruit
2. Sunbutter Cup Grab & Go
3. Chef Salad Meal  
Fruit & Vegetable Bar

**Meals Prices: K-6<sup>th</sup> grade: \$2.90**

**Milk: \$.60**

**Menu is subject to change if products aren't available or are recalled**

**USDA is an equal employer**

Monday

Tuesday

Wednesday

Thursday

Friday

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