

Monday

Tuesday

Wednesday

Thursday

Friday

1
Taqitos
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice
Assorted Milk

2
Mini Pancakes
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice

3
Fruit Frudel Variety
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice
Assorted Milk

6
PBJ Sandwich /Crackers
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice
Assorted Milk

7
Cheese Bosco Stick
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice
Assorted Milk

8
Taqitos
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice
Assorted Milk

9
Mini Pancakes
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice

10
Fruit Frudel Variety
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice
Assorted Milk

13
PBJ Sandwich /Crackers
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice
Assorted Milk

14
Cheese Bosco Stick
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice
Assorted Milk

15
Taqitos
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice
Assorted Milk

16
Mini Pancakes
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice

17
Fruit Frudel Variety
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice
Assorted Milk

20
PBJ Sandwich /Crackers
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice
Assorted Milk

21
Cheese Bosco Stick
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice
Assorted Milk

22
Taqitos
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice
Assorted Milk

23
Mini Pancakes
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice

24
Fruit Frudel Variety
Oatmeal Bar
Whole Grain Muffin Variety
Seasonal Fresh Fruit
Fruit Juice
Assorted Milk

27
USDA is an equal employer

28
Fitness Tip: MyPlate recommends at least 60 minutes of physical activity every day. Be active together as a family this summer and make physical activity fun for you all!



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Thank you for supporting Nutritional Services

31
We will see you August 19