

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast is served at Bear Creek, Lewis-Palmer and Palmer Lake Elementary Schools and all secondary schools

- 6**
1. Dominos Pepperoni Pizza, Steamed Corn
Chilled Applesauce
 2. Yogurt Grab & Go Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

- 7**
1. BBQ Pork Sandwich
Steamed Carrots
Chilled Fruit
 2. Sunbutter Sandwich Meal
 3. Chef Salad Meal
Fruit & Veggie Bar

- 1**
1. Dominos Cheese Pizza
Steamed Broccoli
Canned Fruit
 2. Yogurt Grab & Go Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

- 2**
1. Hamburger on Bun
Steamed Carrots
Chilled Fruit
 2. Sunbutter Cup Grab & Go
 3. Chef Salad Meal
Fruit & Vegetable Bar

- 3**
1. Baked Corn Dog
Baked Beans
Fruit Sorbet
 2. Yogurt Grab & Go Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

- 13**
1. Mandarin Orange
Chicken
Broccoli, Brown Rice
Mini Choc. Bar
 2. Yogurt Grab & Go Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

- 14**
1. Chicken Tenders
Mashed Potatoes & Gravy
Fresh Fruit in Season
Chex Mix
 2. Sunbutter Sandwich Meal
 3. Chef Salad Meal
Fruit & Veggie Bar

- 8**
1. Mini Cinnis
Turkey Sausage Patty
Tri Taters
 2. Yogurt Grab & Go Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

- 9**
1. Chef's Choice
Chocolate Chip Cookie
 2. Sunbutter Cup Grab & Go
 3. Chef Salad Grab & Go
Meal
Fruit & Vegetable Bar

- 10**
1. Beef Soft Tacos
Steamed Carrots
Chilled Fruit
Churro
 2. Yogurt Grab & Go Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

- 15**
1. Taco Burger
Steamed Carrots
Chilled Applesauce
 2. Yogurt Grab & Go Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

- 16**
1. Dominos Cheese Pizza
Steamed Corn
Mixed Fruit
 2. Sunbutter Cup Grab & Go
 3. Chef Salad Grab & Go
Meal
Fruit & Vegetable Bar

- 17**
1. Hot Dog on a Bun
French Fries
Fruit Sorbet
 2. Yogurt Grab & Go Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

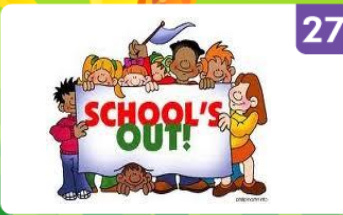
- 20**
1. Mini Corn Dogs
Baked Sweet Potato Fries
Fruit in Season
Chocolate Chex Mix
 2. Yogurt Grab & Go Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

- 21**
1. Chef's Choice
Chocolate Chip Bar
 2. Sunbutter Sandwich Meal
 3. Chef Salad Meal
Fruit & Veggie Bar

- 22**
1. Mini French Toast
Sausage Patty
Tri Tater
Strawberries
 2. Yogurt Grab & Go Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar

- 23**
1. Chicken Nuggets
Mashed Potatoes w/ Gravy
Mini Oatmeal Chocolate Bar
 2. Sunbutter Cup Grab & Go
 3. Chef Salad Grab & Go
Meal
Fruit & Vegetable Bar

- 24**
1. Dominos Pepperoni Pizza
Steamed Broccoli
Chilled Fruit
 2. Yogurt Grab & Go Meal
 3. Chicken Strip Salad Meal
Fruit & Vegetable Bar



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**Enjoy
Summer**

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**Thank you for
supporting
Nutritional
Services**

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**We will see
you
August 19**

Fitness Tip: MyPlate recommends:
 Children need at least 60 minutes of physical activity every day. Be active together as a family this summer and make physical activity fun for you all!