

JANUARY 2020

Lewis-Palmer School District Elementary Menu

Meal Price K-6th Grade: \$3.00
 School Information: Breakfast is served at Bear Creek, Palmer Lake, and Lewis-Palmer Elementary Schools and all Secondary Schools



Monday

Tuesday

Wednesday

Thursday

Friday

MY SCHOOL BUCKS **PAY FOR MEALS ONLINE**
 MySchoolBucks.com

1

HAPPY NEW YEAR!
NO SCHOOL

2

NO SCHOOL

3

NO SCHOOL

6

NO SCHOOL

7

1. Dominos Pepperoni Pizza
Steamed Corn
Chilled Fruit
2. Sunbutter Sandwich Meal
3. Chef Salad Meal
Fruit and Veggie Bar

8

1. Mini Cinnis
Turkey Sausage Patty
Tri Tater
Mixed Berry Cup
2. Fruit & Yogurt Meal
3. Chicken Strip Salad Meal
Fruit and Veggie Bar

9

1. Chicken Nuggets
Mashed Potatoes & Gravy
Chilled Fruit
Chocolate Chex Mix
2. Sunbutter Cup Meal
3. Chicken Strip Salad Meal
Fruit and Veggie Bar

10

1. Cheeseburger on a Bun
Crinkle Cut Fries
Strawberry Cup
Chilled Fruit
2. Fruit & Yogurt Meal
3. Chicken Strip Salad Meal
Fruit and Veggie Bar

13

1. Dominos Cheese Pizza
Steamed Broccoli
Chilled Fruit
Peach Cup
2. Fruit & Yogurt Meal
3. Chicken Strip Salad Meal
Fruit and Veggie Bar

14

1. Chicken Fried Steak
Mashed Potatoes & Gravy
Chilled Fruit
Strawberry Chex Mix
2. Sunbutter Sandwich Meal
3. Chef Salad Meal
Fruit and Veggie Bar

15

1. Mini Corndogs
Baked Sweet Potato Fries
Chilled Fruit
Mixed Berry Cup
2. Fruit & Yogurt Meal
3. Chicken Strip Salad Meal
Fruit and Veggie Bar

16

1. Popcorn Chicken
Steamed Broccoli
Chilled Fruit
Chilled Applesauce
2. Sunbutter Cup Meal
3. Chef Salad Meal
Fruit and Veggie Bar

17

1. Tomato Soup
Grilled Cheese
Chilled Fruit
Sorbet Cup
2. Fruit & Yogurt Meal
3. Chicken Strip Salad Meal
Fruit and Veggie Bar

20

MARTIN LUTHER KING JR. DAY
NO SCHOOL

21

1. Dominos Pepperoni Pizza
Steamed Carrots
Chilled Fruit
2. Sunbutter Sandwich Meal
3. Chef Salad Meal
Fruit and Veggie Bar

22

1. Chicken Tenders
Mashed Potatoes & Gravy
Chilled Fruit, Chocolate Chex Mix
Strawberry Cup
2. Fruit & Yogurt Meal
3. Chicken Strip Salad Meal
Fruit and Veggie Bar

23

1. Teriyaki Chicken
Brown Rice
Steamed Broccoli
Chilled Fruit
Mini Oatmeal Bar
2. Sunbutter Cup Meal
3. Chef Salad Meal

24

1. Hot Dog on a Bun
Baked Sweet Potato Fries
Chilled Fruit
Peach Cup
2. Fruit & Yogurt Meal
3. Chicken Strip Salad Meal
Fruit and Veggie Bar

27

1. Baked Bosco Sticks
Steamed Green Beans
Chilled Fruit
2. Fruit & Yogurt Meal
3. Chicken Strip Salad Meal
Fruit and Veggie Bar

28

1. Chicken Nuggets
Mashed Potatoes & Gravy
Chilled Fruit
Strawberry Chex Mix
2. Sunbutter Sandwich Meal
3. Chef Salad Meal
Fruit and Veggie Bar

29

1. Dominos Cheese Pizza
Steamed Broccoli
Chilled Fruit
Mixed Berry Cup
2. Fruit & Yogurt Meal
3. Chicken Strip Salad Meal
Fruit and Veggie Bar

30

1. Hamburger on a Bun
Steamed Carrots
Chilled Fruit
2. Sunbutter Cup Meal
3. Chef Salad Meal
Fruit and Veggie Bar

31

1. Macaroni & Cheese
Steamed Broccoli
Chilled Fruit
Strawberry Cup
2. Fruit & Yogurt Meal
3. Chicken Strip Salad Meal
Fruit and Veggie Bar

What is a Reimbursable Meal?

The basic formula require that five meal components are offered-milk, fruit, vegetable, meat (or an approved meat alternate like beans, yogurt, or cheese), and a grain. For a meal to be reimbursable, students must choose three full portions of the five, with at least one choice being a fruit or vegetable. Schools must also ensure that components also meet age-specific caloric requirements. A la carte sales are available for purchase to all students and charges are applied to all students including free & reduced students.

Assorted Varieties of Milk Offered Daily

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