

# FEBRUARY 2020

## Lewis-Palmer School District Elementary Menu

Meal Price K-6<sup>th</sup> Grade: \$3.00  
 School Information: Breakfast is served at Bear Creek, Palmer Lake, and Lewis-Palmer Elementary Schools and all Secondary Schools

Monday	Tuesday	Wednesday	Thursday	Friday
1. Dominos Pepperoni Pizza Steamed Green Beans Chilled Fruit Peach Cup 2. Fruit & Yogurt Meal 3. Chicken Strip Salad Meal Fruit and Veggie Bar	1. Chicken Tenders Steamed Broccoli Mini Oatmeal Bar Chilled Fruit 2. Sunbutter Sandwich Meal 3. Chef Salad Meal Fruit and Veggie Bar	1. Cheesy Meat Nachos Steamed Corn Chilled Fruit 2. Fruit & Yogurt Meal 3. Chicken Strip Salad Meal Fruit and Veggie Bar	1. Mini Cinnis Turkey Sausage Patty Hashbrowns Strawberry Cup, Chilled Fruit 2. Sunbutter Cup Meal 3. Chef Salad Meal Fruit and Veggie Bar	1. Chicken Patty Sandwich Steamed Carrots Chilled Fruit 2. Fruit & Yogurt Meal 3. Chicken Strip Salad Meal Fruit and Veggie Bar
1. Mandarin Orange Chicken Steamed Broccoli Brown Rice Chilled Fruit 2. Fruit & Yogurt Meal 3. Chicken Strip Salad Meal Fruit and Veggie Bar	1. Bean and Cheese Burrito Steamed Corn Cinnamon Churro Chilled Fruit 2. Sunbutter Sandwich Meal 3. Chef Salad Meal Fruit and Veggie Bar	1. Zoo Shaped Chicken Bites Mashed Potatoes & Gravy Chilled Fruit 2. Fruit & Yogurt Meal 3. Chicken Strip Salad Meal Fruit and Veggie Bar	1. Dominos Cheese Pizza Steamed Carrots Chilled Fruit 2. Sunbutter Cup Meal 3. Chef Salad Meal Fruit and Veggie Bar Valentines Dessert	NO SCHOOL
PRESIDENTS DAY NO SCHOOL	1. Dominos Pepperoni Pizza Steamed Broccoli Chilled Fruit 2. Sunbutter Sandwich Meal 3. Chef Salad Meal Fruit and Veggie Bar	1. Chicken Tenders Mashed Potatoes and Gravy Mini Oatmeal Bar Chilled Fruit 2. Fruit & Yogurt Meal 3. Chicken Strip Salad Meal Fruit and Veggie Bar	1. Teriyaki Chicken Brown Rice Steamed Carrots Chilled Fruit 2. Sunbutter Cup Meal 3. Chef Salad Meal Fruit and Veggie Bar	1. Pulled Pork Sandwich Steamed Green Beans Strawberry Yogurt Chex Chilled Fruit 2. Fruit & Yogurt Meal 3. Chicken Strip Salad Meal Fruit and Veggie Bar
1. Cheese Bosco Sticks Steamed Green Beans Chilled Fruit 2. Fruit & Yogurt Meal 3. Chicken Strip Salad Meal Fruit and Veggie Bar	1. Baked Chicken Nuggets Mashed Potatoes and Gravy Chocolate Caramel Chex Mix Chilled Fruit 2. Sunbutter Sandwich Meal 3. Chef Salad Meal Fruit and Veggie Bar	1. Hamburger on a Bun Steamed Carrots Chilled Fruit Mixed Berry Cup 2. Fruit & Yogurt Meal 3. Chicken Strip Salad Meal Fruit and Veggie Bar	1. Baked Mini Corndogs Baked Sweet Potato Fries Mini Oatmeal Bar Chilled Fruit 2. Sunbutter Cup Meal 3. Chef Salad Meal Fruit and Veggie Bar	1. Dominos Cheese Pizza Steamed Corn Chilled Fruit Peach Cup 2. Fruit & Yogurt Meal 3. Chicken Strip Salad Meal Fruit and Veggie Bar

### What is a Reimbursable Meal?

The basic formula require that five meal components are offered-milk, fruit, vegetable, meat (or an approved meat alternate like beans, yogurt, or cheese), and a grain. For a meal to be reimbursable, students must choose three full portions of the five, with at least one choice being a fruit or vegetable. Schools must also ensure that components also meet age-specific caloric requirements. A la carte sales are available for purchase to all students and charges are applied to all students including free & reduced students.

Assorted Varieties of Milk Offered Daily

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