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Lewis-Palmer School District #38 Physicals

Participation in Centura high school physicals for Lewis-Palmer School District is completely voluntary. If an athlete or accompanying parent/guardian is currently experiencing any COVID-19 symptoms, have a reason to believe they have COVID-19, been in contact with a COVID-19 positive case or tested positive for in the last 14 days they should not come to the event.

What: Sports Physicals for D38 high school athletes (including 2021-2022 incoming freshman). No appointment necessary.

When: Tuesday May 25, 5:30 – 6:45

Where: Hybl Sports Medicine and Performance Center; 4925 North Nevada (West Entrance), Colorado Springs, CO 80918

Cost: \$25. All fees go directly to support Lewis-Palmer School District athletic training services. Pre-pay at your designated school's athlete office or day of service with cash or check made out to your specific school.

Physical form: Please print and bring with you to the physical.

<https://chsaanow.com/wp-content/uploads/2020/08/Combined-PPE-Forms.pdf>

Questions: LPHS Scott Riley (719) 867-8150 / PRHS Pam Smith (719) 867-8163

COVID Guidelines

Only one parent/guardian per athlete allowed in the facility

Masks covering nose and mouth must be worn in the facility

Sanitize hands upon entering the facility

Symptom Screen and temperature check upon entering the facility

Name and phone number will be recorded in case contact tracing is required

Facility capacity limits will be monitored. We do have space for up to 50 people to wait in the facility. Once capacity is reached, please wait in your vehicle or stand socially distanced in the parking lot until additional space opens.

Examination spaces will be sanitized after every evaluation, just as they are for our normal clinic operations

Sports medicine team: Centura will have orthopedic surgeons, primary care sports medicine physicians, athletic trainers, physical therapists and medical assistants involved in the preparticipation physical examination.